

Sleaford Town Council

Chapter 30 LONE WORKING POLICY



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1. Introduction

The following policy and procedure has been written in order to minimise risks for staff working alone in their fixed base and working away from their fixed base. Under the Health and Safety Act 1974 and the Management of Health and Safety at Work Regulations 1999 it is the duty of Sleaford Town Council to assess risks to lone workers/volunteers and take steps to avoid or control risk where necessary.

Employees of the Council have responsibilities to take reasonable care of themselves and other people affected by their work and to co-operate with their employers in meeting their legal obligations.

This Policy will be supplemented by further policies, risk assessments and procedures relating to work activities.

2. Organisation & Responsibilities

To enable the Council to comply with its statutory duties with regard to lone working, the Council will, through procedures adopted at all levels, avoid the need for lone working wherever possible.

- a) Mobile phones will be made available as appropriate
- b) Where employees have to undertake lone working, personal safety will be of paramount importance
- c) Lone working must **NOT** be viewed in isolation, other relevant policies already adopted will also apply, such as risk assessments, which will identify the protective and preventative measures necessary for employees to undertake lone working activities
- d) The following details, although mostly common sense, are provided to reinforce the need for everyone to take lone working and their safety seriously at all times

3. Definition of Lone Working / Lone Worker

These are people who work by themselves without close or direct supervision:

(a) People in fixed establishment (office or other):

- Only one person working on the premises
- Working separately from others
- Working outside normal hours

(b) Away from their fixed base:

- Staff member / volunteer who is required to travel alone to and from a fixed base to another base or to attend meetings etc
- Environment works, such as grass cutting, locking / unlocking toilet facilities and gates to open spaces.

4. Potential Risks to Lone Workers

Some of the main risks have been highlighted below, however, this list is not meant to be exhaustive

- a) Accessibility by members of the public, contractors etc e.g. open access / unlocked doors
- b) Requirement to lock up when leaving a building
- c) Poorly lit entrance/exits
- d) Isolated and poorly lit car parking facilities
- e) Being taken ill whilst at work or suffering an injury at work
- f) Lack of training regarding Health & Safety procedures
- g) Hazards in the work place
- h) Remote areas
- i) Immediate access to first aid kit

5. Assessing the Risk

The purpose of assessing the risk of lone working is to establish two main facts:

- a) Whether the work can be done safely by a lone worker
- b) What arrangements will be in place to ensure an individual is not exposed to unnecessary and unacceptable risk?

In drawing up and recording an assessment of risk the following issues should be considered, as appropriate to the circumstances:

- a) Environment – location, security, access / egress
- b) Context – nature of the task, any special circumstances
- c) The individuals concerned – indicators of potential or actual risk
- d) History – have there been any accidents / incidents in the past
- e) Any other special circumstances

All available information should be taken into account and updated as and when necessary.

Where there is any reasonable doubt about the safety of a lone worker in a given situation, consideration should be given to sending a second worker or making other arrangements to complete the task.

While resource implications cannot be ignored, safety must be the prime concern.

6. Prohibition of Lone Working

Certain situations require that employees cannot work alone, these include:

- a) Young persons under instruction and training on machines
- b) Certain fumigation activities and other work with substances hazardous to health
- c) Scaffolding and using unsupported access equipment

- d) Grave digging
- e) Working at heights

7. Responsibility & Personal Safety

It is your responsibility to keep yourself safe. Staff should take all reasonable precautions to ensure their own safety, as they would in any other circumstances

Keep track of individual movements is sometimes difficult but it is the responsibility of the staff member and the line manager to identify potential risks in carrying out the work and to minimise these risks, by maintaining regular communication.

Staff must not assume that having a mobile phone and a back-up plan is sufficient safeguard in itself. The first priority is to plan for a reduction of risk.

Before working alone, an assessment of the risks involved should be made in conjunction with the line manager.

Staff must inform their line manager or other identified person when they will be working alone, giving accurate details of their location and following an agreed plan to inform that person when the task is completed. This includes occasions when a staff member expects to go home following a visit rather than returning to their base.

Managers must ensure that there is a robust system in place for signing in and out, and that staff use it.

If a member of staff does not report as expected, an agreed plan should be put into operation, initially to check on the situation and then respond as appropriate.

Where staff work alone for extended periods and/or on a regular basis, managers must make provision for regular contact, both to monitor the situation and to counter the effects of working in isolation. No more than four (4) hours should elapse without contact being made.

8. Procedures for staff working in fixed bases

Staff should always adhere to the following guidelines in order to minimise risks when working alone at any fixed base;

- a) Avoid unnecessary 'out of normal office hours' working wherever possible
- b) Familiarise yourself with the layout of the building / floor. Ensure you have keys;
- c) Familiarise yourself with the Fire Safety Procedure and identify escape routes;
- d) Keep doors locked that allow direct access to the building / office you are working in;
- e) Do not open the door to unexpected visitors. In the case of contractors ask for identification and don't let them in until you have checked it out if you are at all unsure;

- f) Have contact numbers at hand to be able to contact relevant person(s) immediately (should they feel ill, they suspect an intruder in the building etc)
- g) Park as near as they can to the building
- h) A risk assessment to be put in place to assess potential risks
- i) Practice setting the alarm system;
- j) Practice the locking up procedures;
- k) Do not use lonely exit routes if there are safer alternatives
- l) If possible, avoid parking your car in badly lit areas, move it nearer to the place you exit the building if possible;
- m) Carry a torch and personal alarm if working late
- n) Notify people at home when you intend leaving work and what time to expect you home;
- o) Leave contact numbers at home so that the Town Council can be contacted if there are concerns for your safety;
- p) Should you feel ill whilst working alone – seek help immediately – dial 999 if necessary;
- q) Undertake a risk assessment for lone working with your line manager. Report any concerns, hazards or potential risks to your line manager immediately;
- r) if there is a Whiteboard / Signing out system in operation in your office – use it – leave a note to let people know if and when you can be expected back.

9. Procedures for mobile workers working away from their fixed base

- a) All staff should leave details of their movements and give an idea of how long they are going to be away from base and when they are expected to be back. If plans change the staff member must ring in to let their main office based staff know;
- b) Details of venues being visited and a contact number should always be provided;
- c) Think about the location of the place you are going. Check out the venue and prepare for the visit beforehand;
- d) Meet unfamiliar people in public areas.

10. Parking

Park your car in a well lit area – especially if you intend returning to it after dark. If possible ask someone you know to accompany you to the car. If this is not possible carry a small torch and personal alarm with you.

11. Buildings / meetings at unfamiliar venues

Report to reception on arrival and always sign in and out of the building

Ask the member of staff to notify the person you are meeting

12. Isolated locations / unfamiliar people

- a) Avoid meetings in isolated locations; suggest a public place to meet. If this cannot be avoided, where possible, do not go alone and always notify office-based staff when you arrive and leave.
- b) Check out the person / people you are meeting
- c) Avoid walking alone at night

13. Planning

By thinking things through and planning for the unexpected, it will help you to remain confident when faced with an emergency.

If you work alone on a regular basis, assess any risk with your line manager and identify any measures needed to ensure your personal safety.

14. Out of Hours Call Out

Staff who are called out to alarm activation incidents, out of hours, will follow the alarm call out procedure.

15. Communication

Managers must consider whether communication is adequate, and in particular:

- a) What level of supervision is intended and how is it to be carried out;
- b) Has the lone worker been equipped with a system of maintaining contact, mobile telephone, or radio;
- c) Is CCTV system available and will it be monitored?
- d) Do not forget to communicate your whereabouts – this is crucial – tell someone about your plans;

16. Reporting an incident

It is important to report any incident that occurs to you, whether it is aggression, violence, a transport breakdown or a personal accident, to your line manager. In this way, a full investigation can be made to assess any further potential risks and identify any additional safety procedures needed in order to prevent a similar incident happening to somebody else.

17. Victim Support / Counselling

Victim support and / or counselling can be made available, if required, in the event of any aggressive action or subsequent post-trauma related incident that may have an effect on your working or wellbeing.

18. Working Alone – Procedure

If you are working alone or out of normal hours, you will be expected to follow this procedure.

Verbally inform your line manager where you will be working and at what times; give and expected time of return.

If a signing out book or wipe board is available write the same information down in the book or on the board.

If you are going on a site visit fill in the book or wipe board and let someone know where you are going and what time you will be back.

If you normally return to the office or fixed base for a break but are unable to do so contact someone, preferably your line manager, and let them know.

If someone does not return up for a usual break some, preferably the line manager, will contact the person to ensure they are alright.

If you are working late or at your fixed base alone, make sure you are safe. Lock the main entrance door, if you are not expecting any visitors. When you have locked up and left the premises text or phone someone, preferably your line manager to let them know you are on your way home.

If you do not intend to return to the office after a site visit or meeting let your line manager or the office know that you are finished for the day and will be going straight home.

19. What to do if someone has not returned at the expected time

- a) Do not panic
- b) Give them an extra half hour, don't forget this is just an estimated time of return
- c) If the person still hasn't returned after the extra half hour – telephone them.
- d) If you are unable to contact them straight away – leave a message on their phone and ask them to contact you ASAP.
- e) If they have not returned you call within 20 minutes ring them again and leave another message.
- f) If their anticipated location(s) are close by send someone to go and look for the person.
- g) If they are not there and they have still not contacted anyone – inform the Town Clerk.

20. Exemptions

Employees and / or Volunteers are exempt from working alone in certain situations;

- a) Young persons under instruction in a fixed base (example work experience, helping with Council tasks etc);
- b) Where activities and work with substances / machinery could be hazardous to health.

21. Policy Review

This policy will be reviewed annually by the Council to ensure that it is relevant to working practice.